

Course Description

MEDD6248 Theories and Practices in Counselling and Group Guidance

Course description			
<p>The course examines theories and practices in counseling and group guidance in schools. Content will include the following topics: counseling in a school setting; counseling as a helping process; theoretical approaches to counseling; beginning and developing a counseling relationship; career counseling; assessment in counseling; ethical issues in counseling; theories of group guidance and their implementation in schools; group leadership skills; peer counseling; life skills and leadership training; large-group guidance in the classroom and beyond. Selected case studies of counseling and group guidance in local schools will be examined. The course is relevant to all teachers and guidance personnel who need to apply counseling skills in their teaching and guidance activities. Course participants are expected to work in collaborative learning groups to integrate practices and theories.</p>			
<p>Coursework / Examination ratio: <u>100</u> % Coursework, <u>0</u> % Examination</p>			
Course objectives			
<p>The primary aim of the course is to equip educators with sound knowledge regarding theories and practices in counseling and group guidance applicable in schools. The key objective is to acquaint participants with the basic concepts, principles, practical strategies, and research data on counselling and group guidance.</p>			
Course learning outcomes			Aligned programme learning outcomes (PLOs)
1. Ability to integrate counselling and group guidance principles and concepts in their work with students and parents			PLOs 1, 2
2. Appreciation of the need to develop appropriate attitudes and skills for effective counselling and group leadership in regular classrooms and beyond			PLO 2
3. Ability to discuss critical issues in implementing counselling and group guidance in schools in Hong Kong			PLOs 2, 4, 5
4. Acquire skills to act as peer consultant to others			PLO 2
5. Ability to plan, implement and evaluate a group guidance program in school settings			PLOs 3, 4, 5
6. Ability to work as a team member in a case study project			PLO 3
Course assessment methods			
Assessment method	Type of assessment (e.g. description of assignment)	Weighting (%)	Aligned course learning outcome(s)
Moodle forum discussion	Individual	25	CLOs 1, 2, 3 & 4
Group Presentation	Group	25	CLOs 1, 2,3,4 & 6
Assignment	Individual	50	CLOs 1, 2 & 3
Course content and topics			
<p>Session 1 The counselor as a person & counselling in schools & Counselling theories: an overview Adlerian therapy Session 2 Therapeutic factors in groups & group leadership Session 3 The counselling relationship, Counselling theories: an overview Adlerian therapy, values and goals in counselling & humanistic education/ invitational education Session 4 Group process and group stages & REBT/ REE groups Session 5 The counselling process and skills, reality therapy and choice theory & solution focused brief therapy Session 6 Counselling for career development, Assessment in counselling & BASIC model in assessment Session 7 Ethical decision making in counselling and group guidance & storytelling and career assessment Session 8 Group guidance in schools: Termination, evaluation & follow-up</p>			
Required / recommended readings and online materials			

Please refer to the course outline on Moodle

Other additional course information

Nil