

## Course Description

### MEDD8601 Comprehensive Guidance and Positive Youth Development: A Whole-school Approach

<b>Course description</b>			
<p>This course will provide an introduction to the theoretical framework of guidance as a whole-school approach, comprehensive guidance, and positive youth development. The whole-school approach will be discussed in the context of school policy formulation, system development, and support measures for preventive, developmental and responsive services for students. The course will consider theoretical and practical bases for designing and implementing comprehensive guidance and counselling programmes to be used in individual, group, and systemic contexts. Practices and research in using positive youth development approach to guidance will be introduced. Relevant good practice in Hong Kong school settings will be shared. The course can be relevant to all administrators, teachers and guidance personnel. Course participants are expected to work individually and in collaborative learning groups to integrate practices and theories.</p>			
<p><b>Coursework / Examination ratio:</b> <u>100</u> % Coursework, <u>0</u> % Examination</p>			
<b>Course objectives</b>			
<p>The primary objective of this course is to equip educators with knowledge regarding how to plan, implement and evaluate guidance and positive youth development programs in Hong Kong school context and beyond. Hence, this course aims at acquainting the participants with the basic concepts and principles of guidance and positive youth development, student developmental needs, and the recent development in research and practices.</p>			
<b>Course learning outcomes</b>			
<ol style="list-style-type: none"> <li>1. Apply the basic concepts and principles of guidance and positive youth development, both inside and outside the classroom.</li> <li>2. Identify appropriate attitudes and skills for assessing students' needs and for providing guidance.</li> <li>3. Plan, implement and evaluate positive youth development programs.</li> </ol>			
<b>Course assessment methods</b>			
Assessment method	Type of assessment (e.g. description of assignment)	Weighting (%)	Aligned course learning outcome(s)
Presentation	Group presentation	40	CLOs 1, 2, 3
Essay	Literature Review	40	CLOs 1, 2, 3
Essay	Reflection Paper	20	CLOs 1, 2, 3
<b>Course content and topics</b>			
<p>Session 1: Introduction of Comprehensive Guidance Program; Program Components: System Support            Session 2: Program Components: Guidance Curriculum            Session 3: Program Components: Responsive Services            Session 4: Program Components: Individual Planning            Session 5: Introduction of Strength-based Approach            Session 6: Application of Strength-based Approach: Helping students with stress, anxiety and depression            Session 7: Application of Strength-based Approach: Helping students with suicidal behavior, non-suicidal self-injury, and handling bereavement            Session 8: Application of Strength-based Approach: Guiding students with misbehavior, bullying and addiction issues</p>			
<b>Required / recommended readings and online materials</b>			
<p>Gysbers, N. C., &amp; Henderson, P. (2012). Developing &amp; managing your school guidance and counseling program (5th ed.). American Counseling Association.</p>			

<b>Other additional course information</b>
Nil