

## Course Description

### **MEDD8601 Comprehensive Guidance and Positive Youth Development: A Whole-school Approach**

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| <b>Course description</b>  |
| <p>This course will provide an introduction to the theoretical framework of guidance as a whole-school approach, comprehensive guidance, and positive youth development. The whole-school approach will be discussed in the context of school policy formulation, system development, and support measures for preventive, developmental, and responsive services for students. The course will consider theoretical and practical bases for designing and implementing comprehensive guidance and counselling programmes to be used in individual, group, and systemic contexts. Practices and research in using positive youth development approach to guidance will be introduced. Relevant good practice in Hong Kong school settings will be shared. The course can be relevant to all administrators, teachers and guidance personnel. Course participants are expected to work individually and in collaborative learning groups to integrate practices and theories.</p> |
| <b>Course objectives</b>   |
| <p>The primary objective of this course is to equip educators with knowledge regarding how to plan, implement and evaluate guidance and positive youth development programs in Hong Kong school context and beyond. Hence, this course aims at acquainting the participants with the basic concepts and principles of guidance and positive youth development, student developmental needs, and the recent development in research and practices.</p>  |
| <b>Course learning outcomes</b>  |
| <ol style="list-style-type: none"><li>1. Apply the basic concepts and principles of guidance and positive youth development, both inside and outside the classroom.</li><li>2. Identify appropriate attitudes and skills for assessing students' needs and for providing guidance.</li><li>3. Plan, implement and evaluate comprehensive guidance and positive youth development programs.</li></ol>   |
| <b>Course assessment methods</b>   |
| <ul style="list-style-type: none"><li>• Moodle discussion</li><li>• Group Presentation</li><li>• Literature Review</li></ul>   |
| <b>Course content and topics</b>   |
| <ul style="list-style-type: none"><li>• Positive youth development in schools</li><li>• Enhancing students' self-esteem</li><li>• A whole-school approach to comprehensive guidance</li><li>• Developmental guidance in schools: Forgiveness program</li><li>• Helping students with stress, anxiety and depression</li><li>• Helping students with suicidal behavior and handling bereavement</li><li>• Guiding students with misbehaviour</li></ul>  |
| <b>Required / recommended readings and online materials</b>  |
| <p><b>Textbook</b><br/>Hui, E. K. P. (1994). <i>Teaching in Hong Kong: Guidance and counselling</i>. Hong Kong: Longman.</p> <p><b>Reference book</b><br/>Luk-Fong, P. Y. Y., &amp; Lee-Man, Y. C. (Eds). (2013). <i>School guidance and counseling: Trends and practices</i>. Hong Kong University Press.</p>   |
| <b>Other additional course information</b>   |
| Nil  |