

Course Description

MEDD8679 Counselling Assessment and Interventions

Course description	
<p>This course will introduce students to the basic principles and goals of psychological and educational assessment, as well as evidence-based interventions applicable in schools or other educational settings. Topics will include: assessment methods, interpretation and use of the assessment results, assessment in programme evaluation, and evidence-based interventions for students at risks (including those with emotional, behavioral, social, and motivational issues). The course is relevant to all teachers and guidance personnel who wish to enhance their counselling competencies. Participants are expected to engage actively in experiential learning activities and reflection.</p>	
Course objectives	
<p>This course aims at developing the basic knowledge of conducting the assessment and intervention for students in various areas, like learning, self-esteem, social-emotional functioning, family, etc. With this knowledge, participants can have a tool to understand the needs of the students and thus respond to their needs in an effective way.</p>	
Course learning outcomes	
<ol style="list-style-type: none">1. Apply some of the basic concepts and principles of counselling assessment and interventions in helping students.2. Appreciate and develop appropriate attitudes and skills for providing counseling assessment and interventions.3. Participate in experiential learning activities and reflect on their learning.	
Course assessment methods	
Assessment method	Weighting (%)
Class Participation	20
Group Presentation	30
Individual Reflection Paper	50
Course content and topics	
<ul style="list-style-type: none">- Introduction: Assessment and Intervention- Intervention: Self-Esteem- Assessment: Learning- Intervention: Goal Setting- Assessment: Peer Relationship, Family Relationship- Intervention: Empathy- Assessment: Suicide- Intervention: Debriefing (Crisis Management)- Intervention: Learning Motivation- Intervention: Anti bullying- Intervention: Depression (Cognitive Behavioral Therapy)	
Required / recommended readings and online materials	
<ol style="list-style-type: none">1. Andrews, J. J., Shaw, S. R., Domene, J. F., & McMorris, C. (2022). <i>Mental health assessment, prevention, and intervention: Promoting child and youth well-being</i>. Springer Nature.2. Watson, J. C., & Flamez, B. (2015). <i>Counseling assessment and evaluation: Fundamentals of applied practice</i>. SAGE Publications.3. http://network321.pbworks.com/f/Linking%20assessment%20to%20intervention.pdf4. http://www.cci.health.wa.gov.au/docs/SE_Module%209_July%2005.pdf5. http://www.humanmetrics.com/cgi-win/jtypes2.asp6. http://www.myersbriggs.org/my-mbti-personality-type/mbti-basics/	

Other additional course information
Nil